



October 2023

Foresight News

Dear Parents

We're all looking forward to the pleasure of Fall: cool mountain air, yellow aspens, fresh apple cider, pumpkin pie, football, and Holiday celebrations!

We are also anxious to begin our October thematic unit! This month we will focus on the Autumn Harvest. We will learn about harvesting and the growth cycle. We will study life on the farm. We will explore and identify parts of a tree, types of trees, and various types of leaves. We will also discover animals of the night. And of course, we will study pumpkins, cook with pumpkins, and go on a pumpkin hunt! We will look at the myths, traditions, and activities associated with Halloween. Also, in the upcoming weeks we will be studying the days of the week, the months of the year, and the seasons.

SPECIAL EVENTS

Foresight Closed:

October 13th: Foresight will be closed for teacher in-service for required training.

Parent/Teacher Conferences:

October 27th (Friday)- Miss Jena
October 20th (Friday) &
23rd (Monday) - Miss Kori & Miss Mykaela

Sign-up times will be posted. We encourage all parents to sign-up. We will discuss your child's progress in our program, socialization skills,

academic accomplishments, and overall development. We would prefer to meet in person, but we can do a phone conference if that is easier with work schedules.

Halloween Celebration:

Tuesday, October 31st,
10:30 - 11:30 a.m.

We will have outdoor Halloween games, spooky art projects, and enjoy some yummy treats. Your child can bring his or her costume to school to wear during the day. Be sure your child wears clothes to school, and when wearing costume can still go potty and participate in the daily school activities. **We do require that all costumes be friendly in nature.** We want this to be a pleasant experience for all of our young friends, so please, no weapons, gory outfits, scary faces, or costumes that represent fighting, violence or cultural insensitiveness. Thank you for helping us make this a "Spooktacular" day for everyone!

OTHER NEWS

Arriving at School:

Please try to have your child at school 5-10 minutes *before* her/his class begins. Your child's day starts with a group lesson that is **very** important to the rest of his/her class time. When they are late it takes away from their school experience, makes it difficult for them to know what is going on and it disrupts the other students. We

want all our students to enjoy the very best learning environment we can provide.

Healthy and Happy Children:

It is very important for you to keep ill children at home. **Please see parent handbook for symptoms that require staying home.** This center has no provisions for care of children who are ill. A child may be sent home if staff observes symptoms of illness. Please tell staff if your child has been to a doctor and his or her illness is properly being treated (although Symptoms are still observable). Giving over the counter medications to mask fever isn't recommended because the child is probably still contagious and it could result in a longer amount of time for your child to be absent from school and it puts others health at risk. Our goal is to keep everyone healthy, happy, and in school this year!

Car Safety:

Please have your child safely buckled into a child's car seat, no matter how close you may live. Arizona's booster seat law is that even children between the ages of 5 and 8, and shorter than 4 feet 9 inches tall are required to sit in a child-restraint system, typically a booster seat.

Also, please do not leave your car running while bringing your child into the school. No one needs to inhale gas fumes while walking in/out of the school. We want all our families to be safe!

Labeling your Child's Lunch Box & Clothes:

Please for the sanity of substitutes, put your child's name on their lunch box and take it out of backpack. Also, as the weather is changing so is our wardrobe. **Please remember to label ALL of your child's belongings with their name.** It's much easier for the teachers to help the student identify their own belongings. Always send your child to school with an appropriate jacket- we go outside EVERYDAY! Thanks!

Parent Communication:

In order for us to try to make communication a little easier, we want to let you know about our "Dear Foresight" notes. If there is any sort of communication about home, a school situation, concern, change in behavior, etc., please feel free to grab one of the notes from the basket at the front entrance. You can hand them to any staff member or just slip it in the payment box!

Parent Reviews:

It is always flattering when a new student enrolls and tells us that we were recommended to them by another one of our families. We simply cannot thank everyone enough for spreading the word about Foresight! It is always our goal to provide a wonderful first school experience for our students and their families. Please help us continue to reach Flagstaff area families by giving

us a (hopefully stellar) review on our **Facebook page**, Google, or other review sites. We GREATLY appreciate all of your support!

We are Available!

Beth and Kori are always available, even if not always here at time of your drop-off or pick-up. If you need to speak with us and time is an issue, please don't hesitate leaving a note/email, calling the school during the day, or asking another staff member to contact us. We have an "open door" policy, and our goal is to be able to help with questions or concerns anytime. We are just a phone call away if needed!

Emergency Names & Phone

Numbers:

Please make sure that your emergency contacts and telephone numbers are up to date. Please ask to check your blue card if you are at all unsure of what is currently written. We should be able to reach you at all times your child is at school in case of an emergency.

Early Childhood Education:

You might see new faces from time to time at Foresight; they are education majors from CCC and NAU fulfilling observation hours and practicum hours. Please don't hesitate to introduce yourself. It is great to have them work with our students!

Time for Giving:

This is the time of year we start thinking about how we can help those less fortunate in our Northern Arizona community. We have an annual food drive and toy drive, but are always looking for other ways to make a difference. If anyone has any suggestions of other charities Foresight could support, please let Beth or Kori know- helping others is an excellent lesson for our students to spread kindness and develop empathy for "their" world.

Always Spread Kindness,

*Beth, Kori, Jena, Mykaela,
Angie, Ellie, Morghan, Sade, and
Lisa*

Thought for the month.. ..

***It is by believing, hoping, loving,
and doing that man finds joy and
peace...***

John Lancaster Spalding
